

Scale and arpeggio speeds

The following speeds are given as a general guide:

Grade/Speed *		1	2	3	4	5	6	7	8
Scales		J = 69	J = 80	J = 88	J = 100	J = 112			
Arpeggios		♩ = 100	♩ = 120	♩ = 50	♩ = 56	♩ = 60			
Chromatic scales				J = 88	J = 100	J = 112	J = 120		
Dom. & Dim. 7ths					J = 88	J = 96	J = 112	J = 120	J = 140
Scales in 3rds/broken 3rds, 6ths, 8ves & whole-tone scales						J = 92	J = 126	J = 126	J = 138
Broken chords						J = 112	J = 160	J = 160	J = 200
Chromatic scales in minor 3rds/ broken minor 3rds							J = 100	J = 100	J = 120

* All speeds relate to the rhythmic grouping , *except* for arpeggios, where  applies.