Discovering Music Theory

THE ABRSM GRADE 3 WORKBOOK



Design by Kate Benjamin Music origination for workbook by Moira Roach Music origination for practice exam paper by Pete Readman Cover and inside illustration by Andy Potts

First published in 2020 by ABRSM (Publishing) Ltd, a wholly owned subsidiary of ABRSM © 2020 by The Associated Board of the Royal Schools of Music ISBN 978 178601347 7

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of the copyright owner.

Printed in England by Page Bros (Norwich) Ltd, on materials from sustainable sources P14809

CONTENTS

Introduction

Chapter 1: Rhythm (Part 1)	1
The demisemiquaver; starting on an upbeat; duple, triple and quadruple time; grouping notes and rests	
Chapter 2: Rhythm (Part 2)	11
Simple and compound time; new time signatures: \S \S \S \S \S ; grouping notes and rests in compound time	
Chapter 3: Pitch	19
Notes on three ledger lines; transposing notes by one octave	
Chapter 4: Keys & Scales (Part 1)	25
The keys and scales of E and Ab major	
Chapter 5: Keys & Scales (Part 2)	29
The melodic minor scale; keys and scales of B, G, F#, C, C# and F minor	
Chapter 6: Intervals	38
Perfect, major and minor intervals	
Chapter 7: Tonic Triads	42
Tonic triads in major and minor keys with up to four sharps and flats	
Chapter 8: Terms & Signs	45
Chapter 9: Music in Context	49
Practice Exam Paper	53



Starting on an upbeat

Not all music starts on the first beat of the bar. Many melodies start on an upbeat — often the last beat of a bar. When this happens, the final bar of the melody is usually shortened so that the first and last bars make one whole bar when added together.

- If a melody in $\frac{4}{4}$ starts on the fourth beat of the bar, the last bar will often have only three beats the final beat has been 'borrowed' from the last bar and placed at the beginning.
- A melody in $\frac{3}{4}$ that begins on the third beat will often have only two beats in its final bar, and so on.

Look at this example from Chopin's Prelude in A major, Op. 28, No. 7:



Chopin's melody starts on the last beat of the bar, which has been 'borrowed' from the bar at the end of the extract.

Did you know?

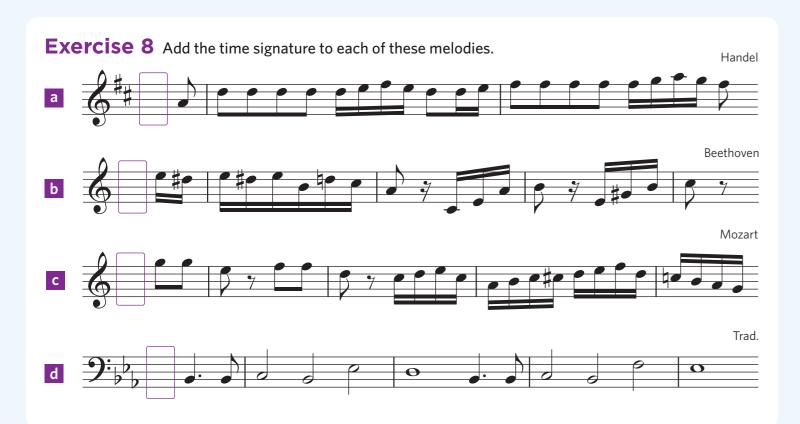
Another name for an upbeat is an anacrusis.

Theory in sound

Listen to Chopin's Prelude in A major to hear what an upbeat sounds like. What other pieces do you know that start with an upbeat?

Smart tip

When a melody begins with an upbeat, work out the time signature by looking at the complete bars in the middle.





Duple, triple and quadruple time

 Time signatures may be described as duple, triple or quadruple, depending on how many beats they have in a bar. This is shown by the top number of a time signature.

A **duple** time signature has two beats in a bar.

A **triple** time signature has three beats in a bar.

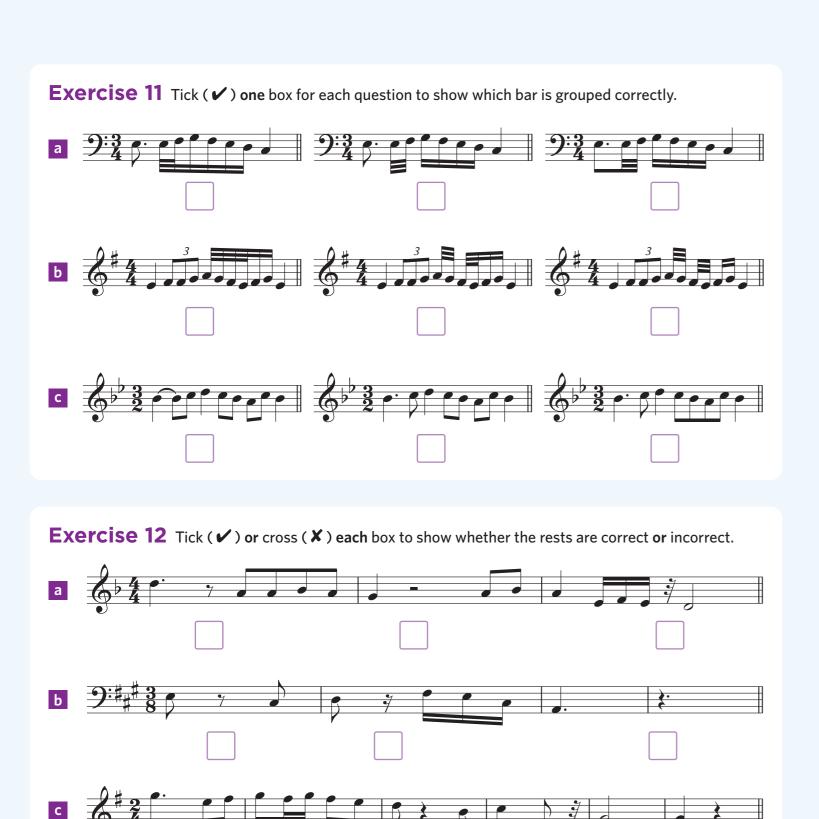
A **quadruple** time signature has four beats in a bar.

 Notice that the type of beat (crotchet, quaver, minim) does not matter here – only the number of beats in a bar.

2 4	2 2	=	duple time	
3 4	3	3	= triple time	
4 4	4 2	=	quadruple time	

Exercise 9 Tick (✓) one box to describe each time signature.							
а	4 4	duple	triple	quadruple			
b	3 4	duple	triple	quadruple			
С	4 2	duple	triple	quadruple			
d	2	duple	triple	quadruple			
е	3 2	duple	triple	quadruple			

Theory in so	ound				
Listen to the follow and count or clap the					
Duple time Triple time Quadruple time	Beethoven, Symphony No. 7, Op. 92 (Finale) Tchaikovsky, <i>Swan Lake</i> , Op. 20 ('Dance of the Swans') Mozart, Serenade in Bb, K. 361 (opening)				
Write down the name of a piece you have played or sung that is in:					
Duple time					
Triple time					
Quadruple time					



Remember!

Rhythms can be rewritten in different time signatures by doubling or halving all the time values. For example, $\frac{2}{4}$ can be rewritten in $\frac{2}{5}$ by doubling all the time values.



Which example shows the bar above correctly rewritten using notes of half the value? Tick (🗸) one box.



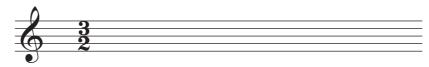


Which example shows the bar above correctly rewritten using notes of **twice the value**? Tick (**V**) **one** box.



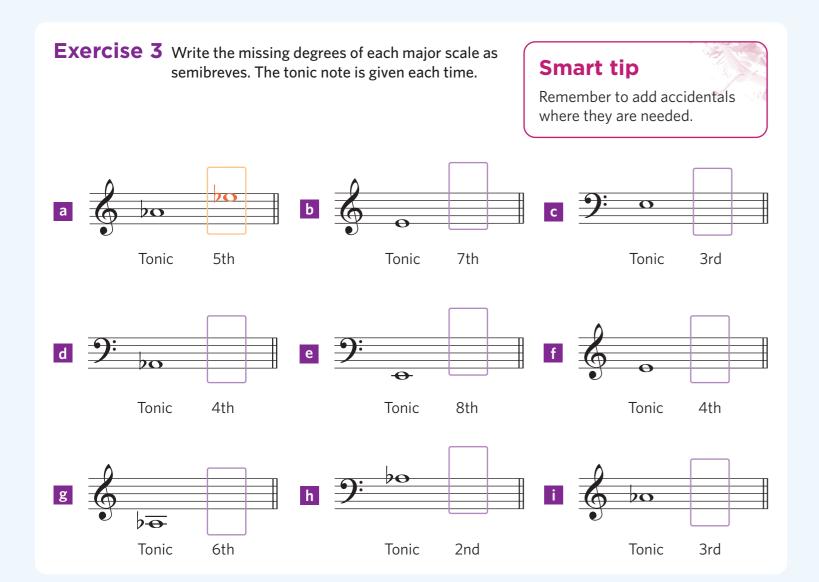
Challenge!

Try writing out a bar from a piece you know with a $\frac{3}{4}$ time signature, using notes of **twice the value**.

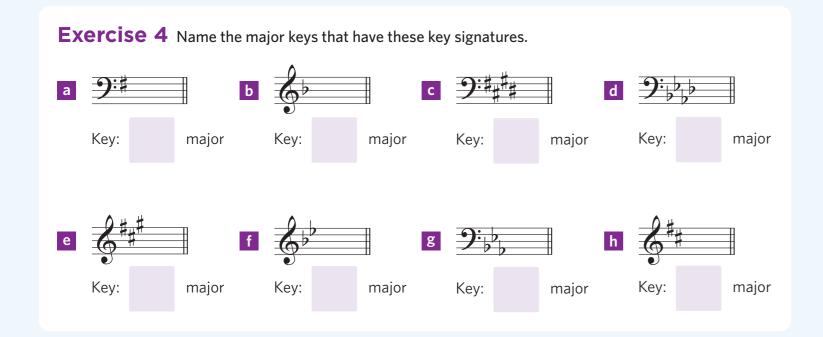


Test your progress

How many duple, triple and quadruple time signatures can you name?



The remaining exercises in this chapter include major keys from Grades 1, 2 and 3.



Exercise 5 Circle the correct key for each of these melodies.

Smart tip

D major

A major

E major

These melodies have been written without key signatures. Look for the accidentals, and remember that an accidental alters a pitch for a whole bar. Also bear in mind that not all of the sharpened or flattened notes in a key may be present in the melody.



